

# Download The Basic Guide To Alkalizing A Healing Journey

Shungite came out on the new age stone-lovers scene about three years ago and made quite the big splash. I'm not sure why it suddenly became so popular but it's not usually listed in the older, more popular crystal property books so people are often left wondering and asking me lots and lots of questions about it. Share the love! 16 Shares by Christopher Vasey, ND

Acidification in the body comes as a result of THREE primary things: 1. Eating too many acidifying foods which create an acid ash in your body. This is where proper diet comes in. By eating a diet of 80% alkalizing foods, you'll eliminate the production of excess acid [...] Legal Support Of The Methodology. Dr. Sebi was arrested in 1987 was taken to the Supreme Court for practicing medicine without a license and for making false medical claims of being able to cure AIDS and other diseases.. He was able to beat the case by having people he cured of diseases appear in court and provide medical documentation that he actually cured them. Hydrogen water contains hydrogen molecules that can act as powerful antioxidants. These molecules may help neutralize oxygen free radicals that contribute to disease development, inflammation, and aging. Read more to learn about some exciting research and the potentially miraculous benefits of hydrogen water.